

Eco-Community Dialogues Newsletter

Nancy Nelson, Editor

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The Conservation Pledge

I pledge to protect and preserve the natural resources of the planet Earth, and promise to promote education so we may become caretakers of our air, water, land, forest, and wildlife.

Cowspiracy Documentary Film

One could watch the latest, greatest new Climate Change documentary, called COWSPIRACY: THE SUSTAINABILITY SECRET. It may be the most important environmental film ever made, according to the Oscar winning Director of THE COVE. See the trailer at www.cowspiracy.com.

Who Stole the Precautionary Principle

Global warming means the acidification of the oceans and rising sea waters, resulting in Climate Change, which has a unique way of chastising Man's foolishness with consequences. The end result of Factory Farming is unprecedented natural havoc caused by Man. You might consider showing lovingkindness to the animal Kingdom as, "*An ounce of prevention is worth a pound of cure*".

Good-Willed Alfred

One of the five categories bequeathed by SWEDEN's *Alfred Nobel* is the NOBEL PEACE PRIZE. It is awarded each year to a person who has done the best work, or the most, for fraternity among nations for the abolition or reduction of standing armies, and for the holding and promotion of peace congresses.

(Source: GUINNESS WORLD RECOREDS 2013, "*To the Limits: Exploring the Extremes of Breaking Records*" Contents, under "*Peace One Day*" Heading; www.peaceoneday.org)

The Youngest Peace Laureate

The youngest *Peace Laureate* so far was a 33-year old woman, *Rigoberta Menchu Tun*, of GUATEMALA. She was awarded the PEACE PRIZE for assisting the rights of indigenous peoples.

(Source: GUINNESS WORLD RECOREDS 2013, "*To the Limits: Exploring the Extremes of Breaking Records*" Contents, under "*Peace One Day*" Heading; www.peaceoneday.org)

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Reduce Greenhouse Gasses

You never know who will be inspired to be the next *Peace Laureate* now or later in life. People are often surprised to learn that *Will Tuttle* authored THE WORLD PEACE DIET. An animal rights person may not know that someday he or she may be nominated as a *Peace Laureate* candidate for assisting the fraternity among all nations for rights and recognition of all sentient beings.

(Source: GUINNESS WORLD RECORDS 2013, “*To the Limits: Exploring the Extremes of Breaking Records*” Contents, under “*Peace One Day*” Heading; www.peaceoneday.org)

Cool Your Diet

Grandmothers and others, what happens when granting animal rights and recognition to food animals reduces greenhouse gasses. See <http://www.CoolYourDiet.com>. It is a great meditation to envision human change in order to make the world a better place for all sentient beings.

Generation Vegan

“The greatness of a nation and its moral progress can be judged by the way its animals are treated.”

—Mahatma Ghandhi

Let’s all push the “*Refresh*” key to rethink. It’s time for brand new art, new decorations, new entertainers, new authors, new film producers, new musicians, and new toy makers who depict a *New Golden Age of Man living peacefully with Nature*.

The Big Picture is that we share the Gaiasphere with other sentient beings. Isn’t it time to start depicting to children that the *True Nature of Man* is humane. Restoration of heavenly Nature is restored through self-realization that dirty, nasty, filthy, rotten, and evil are something other than who Man is. It’s time to end the sanctioning of cruelty towards flora, fauna, and Brother and Sister Man.

In order to *Create the Future* to become a better place for all sentient beings, definite environmental and human health intervention actions must occur in this time called Now, because *Tomorrow’s World* ushers in the RESTORATION OF ALL THINGS, including walking peacefully together with the animal nations, and that’s a hint about the Future.

Dig the Earth

“To forget how to dig the earth and to tend the soil is to forget ourselves.”--Gandhi

The Monsanto myths and misconceptions have already started to dissolve back into the nothingness from which they came. The awakening at large is reflected in a return to the art of growing one’s own organic food.

Love and Light

All babies are born nonviolent, gentle, and kind. We are all good souls at heart. The former paradigm of rewards and punishments is unuseful. Old punitive paradigms may simply vanish away because all children deserve to have a Future and a Hope. That includes animal children. It is now known that MRI scans of *Dogs* have recently been interpreted by neuroscientists to mean animals have self-awareness and emotions just like we do.

Neuroscience and legal arguments for animal personhood means *Great Apes*, *Dolphins*, and *Elephants* may be considered legal nonhuman *persons*, entitled to a degree of autonomy and fundamental rights. Young people have greater transparency and access to the truth because of the Internet. There is a growing awareness that treating other sentient beings as food animals and as property is an accountability issue.

(Source: July-August 2014 VEG NEWS Think, Eat, Thrive, "*The Coming Legal Personhood of Animals*")

Animals, the Environment & Food Movies & Videos

A Cow at my Table

A Delicate Balance

An Apology to Elephants

At the Edge of the World

Behind the Mask

Best Friend Forgotten

Blackfish

Charlotte's Web

Chicken Run

Cowspiracy

Death on a Factory Farm

Dealing Dogs

Earthlings

Edible City

Fast Food Nation

Fed Up

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Food Matters

Food, Inc.

Forks Over Knives

Freebirds

Fur is Dead

Gary Yourofsky's The Best Speech You'll Ever Hear

Got the Facts on Milk?

I Am An Animal

May I Be Frank

Meat the Truth

Meet Your Meat

More than Honey

Our Daily Bread

Peaceable Kingdom: The Journey Home

PLANEAT

Queen of the Sun

Ratatouille

Seeds of Hunger

Sick, Fat, & Nearly Dead

Speciesism: The Movie

Supersize Me

Sustainable Table

The Cove

The Elephant in the Living Room

The Eyes of Thailand

The Future of Food

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The Ghosts in Our Machine

The Real Dirt on farmer John

The Witness

To Your Health

Turlock

Vegucated

Voyage to Betterment

Your Mommy Kills Animals

The Latest, Greatest Smartphone Apps

IS IT VEGAN is a new App that scans items in the grocery store. Just point your smartphone at a bar code. The App analyzes the ingredients, and in a few seconds, gives an analysis of ingredients, and gives an answer to the question. See <http://www.isitvegan.net>.

Knowledge is power. One may also download the five-star App called BUYCOTT for free. It scans items to let you know whether the product's food manufacturer is for or against labeling GMO ingredients, for example.

Toxic Products

Voting Yes on Measure 92 to get the Frankenfoods labeled as *Produced by Genetic Engineering* is a step in the direction of accelerated human change for the better. Volunteers are needed to help win the *Oregon Right to Know Campaign*. When the going gets tough, the tough get going. I hope you won't allow yourself to be blackmailed into what could literally be sacrificing your future. Monsanto and their allies are expected to use their Big Money Ads to sabotage voters.

Toxic Tricks

And it isn't just GMO food that may be toxic. While manufacturers state that their products contain insufficient quantities of chemicals to have a negative health impact, research shows that there is a cumulative effect from daily use of a variety of cosmetics, home care products, and skin care concoctions. For example *Parabens* and *Phthalates* may contribute to hormone imbalances linked with infertility, male breast development, reproductive disease, and weight gain.

(Source: October 2014 REMEDIES magazine, "*Breast Health*")

Back Issues Are Available

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